



PREP: 5  
COOK: 25  
SERVES: 6

## Tray Roasted Summer Fruit

Got some overripe fruit on your hands or just looking for a sweet treat without added sugar? This is the recipe for you!

### Ingredients

4 peaches  
4 nectarines  
5 apricots  
1 cinnamon stick  
1 [Queen Vanilla Bean](#)  
1 tsp honey

### Method

#### STEP 1

Preheat oven to 180°C. Slice fruit into large pieces and place into a baking dish.

#### STEP 2

Place Vanilla Bean on a chopping board and slice down the center with a sharp knife. Scrape out the seeds and sprinkle evenly over fruit.

#### STEP 3

Slice the cinnamon stick in half and add to the baking tray along with the honey and the Vanilla Bean Pod.

#### STEP 4

Bake for 25-30 minutes, or until the fruit is soft. Serve with a dollop of cream or ice cream for dessert, or have for breakfast with muesli, natural yogurt and honey.

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