



PREP: 30 min +
Chilling
COOK: 25 min
SERVES: 18

Double Vanilla Portuguese Custard Tarts

Flaky, creamy and double vanilla, what's not to love about these bite-sized morning tea treats! The puff pastry is even more irresistible with vanilla cinnamon sugar rolled in between, a must try!

Ingredients

Custard

6 large egg yolks
1 cup + 1 tbsp (130g) caster sugar
1/3 cup (50g) cornflour
Pinch salt
300ml thickened cream
300ml milk
2 tsp Queen Victoria Concentrated
Vanilla Extract with Seeds
1 tsp Queen Vanilla Bean Paste

Pastry

2 Queen Pure Vanilla Bean Whole
Pods

Method - Custard

STEP 1

Whisk egg yolks, sugar, cornflour and a pinch of salt in a bowl to combine, then whisk in cream, milk, Vanilla Extract and Vanilla Bean Paste. Transfer to a saucepan and bring to a simmer over medium-high heat (5 minutes). Whisk continuously on medium-high until thick and smooth (5-10 minutes). Transfer custard to a bowl, cover with cling wrap and chill until cool (1-2 hours).

Method - Pastry

STEP 1

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Ingredients

1/4 cup (55g) caster sugar
3 tsp ground cinnamon
3 sheets (24 cm x 24 cm) store bought frozen puff pastry, partially thawed
50g butter, melted

Method - Pastry

Preheat oven to 210°C (fan forced). Using a sharp knife, split Vanilla Bean Pods length ways and scrape seeds out with tip of knife. Mix vanilla seeds, sugar and cinnamon until combined. Sprinkle one third of mixture evenly over one pastry sheet. Cover with another pastry sheet and sprinkle with another third of mixture. Repeat with remaining pastry and mixture sheet. Cover pastry with baking paper and press together using a rolling pin. Remove paper and roll pastry together into a log. Using a sharp knife, cut log into 18 even pieces.

STEP 2

Lightly grease 18 x muffin holes (of 2 x muffin tins) with melted butter. Roll pastry pieces out to 10cm circles on a lightly floured bench. Gently press pastry into muffin tin holes. Remove custard from fridge. Fill muffin holes with 1 ½ - 2 tablespoons of custard.

STEP 3

Bake for 25 minutes or until pastry is crisp and flaky and custard is golden. Allow to rest for 10 minutes before transferring to a wire rack to cool.

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